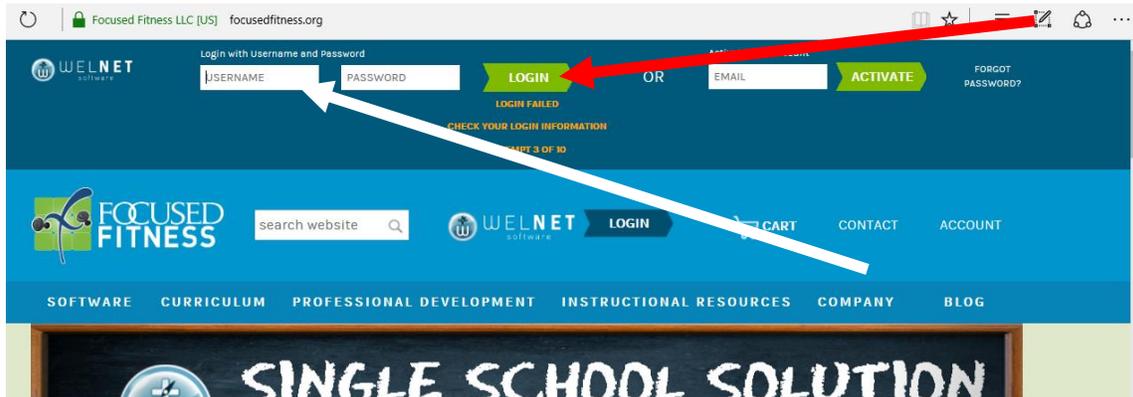# Instructions for accessing online unit tests
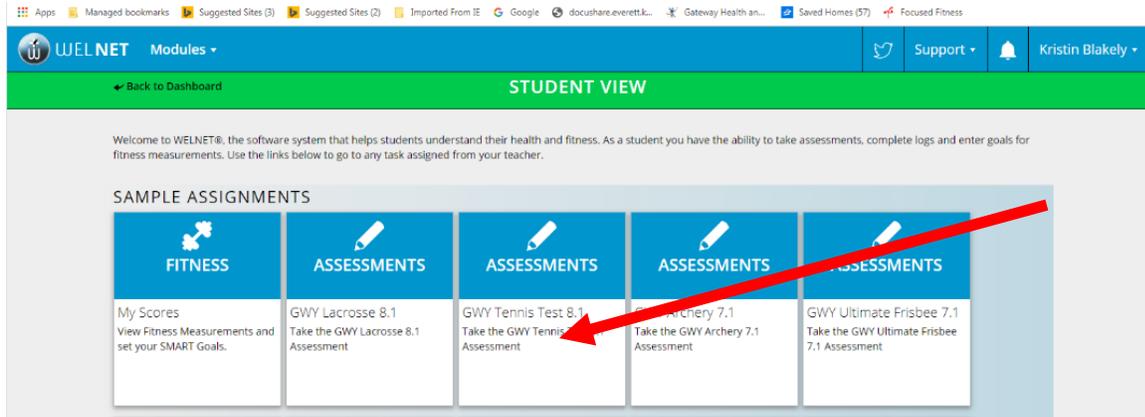
Step 1: Log onto
www.focusedfitness.org   This screen will pop up.   A) Click LOGIN. Type in user name = student ID#. Type in password = last name
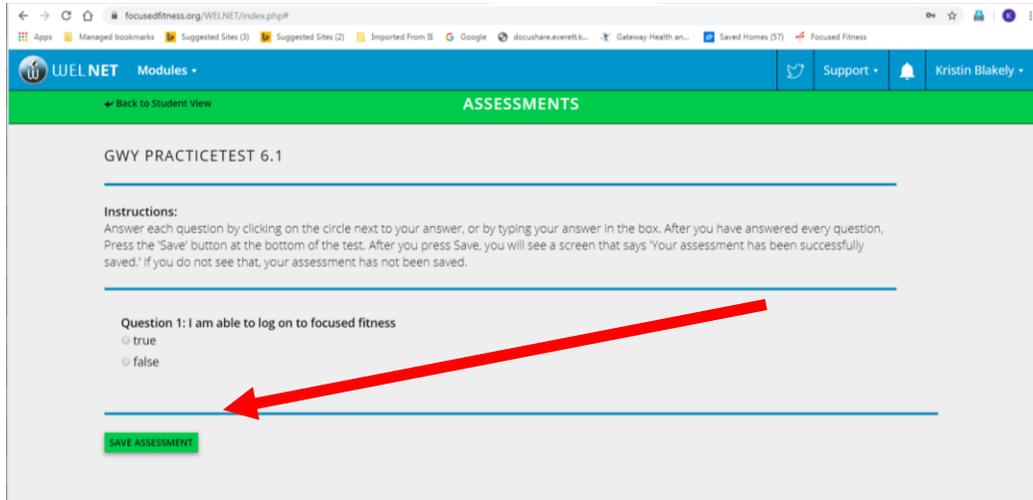

Step 2:
This is the next page that will come up and where you will click on the current unit test.

Step 3 & 4:
Complete the mulitiple choice test, using the study guide as a resource. Once the test is complete, push SAVE ASSESSMENT.

** Note: once a student pushes SAVE ASSESSMENT, there is no way to go back and edit answers. The test has been submitted and is no longer able to be accessed by the student.

Step 5: Scroll down to the bottom on the Assessments tab, click on it, click on 2019-2020 and you should see your final score for the test you just submitted.